

What Can I Do With a Major in Health and Wellness Promotion?

Sample Occupations: The following listings are occupations you can pursue with a Degree in Health Promotion. Please note that this list is not exhaustive. There are many careers for which a Degree in Health Promotion prepares you. **Note that the occupations that require an advanced degree are also listed.* For help in identifying more information about the occupations listed below, please visit the Career Center at 259 Highsmith Union.

Activities Director	Fitness Worker	Public Health Practitioner/Educator
Aquatics Director	Health Educator	Recreation Worker
Athletic Trainer	Health & Wellness Director	Recreational Therapist
*Biostatistician	*Human Sexuality Educator	Rehabilitation Manager
Birth/Postpartum Doula	*Nurse Practitioner	Resident Services Director
*Certified Nurse Midwife	Nutrition Educator	*Social Worker
Clinical Instructor	*Nutrition Specialist	Spa/Health Club Manager
Community Health Consultant	Occupational Exercise Scientist	*Speech-Language Pathologist
Corporate Fitness Instructor	Occupational Therapy Assistant	*Sports Medicine
Corporate Wellness Manager	Office Manager	*Sports Psychologist
Dance/Aerobics/Yoga Instructor	*Pediatrician	*Surgical Technologists
*Dietitian	Personal Trainer	*Teacher/Professor
*Doctor	*Pharmacist	*Veterinarian
*Drug and Alcohol Abuse Counselor	*Physician Assistant	Wellness Coach
*Exercise Physiologist	*Psychiatric Nurse Practitioner	Wellness Coordinator

Sample Work Settings

Alternative Health Care Center	Hospitals	Private Health Clinic
Amusement & Recreation Industries	International Health Organization	Public Health Agencies
Assisted Living Facility	Large Corporations	Rehabilitation Center
Birthing Center	Local Government	Research Center
Community Centers	Long-term Care Facility	Spa/Health Club
Dance Studio	Mental Health Facility	Substance Abuse Clinic
Doctors Office	Non-Profit Organization	University/College Health Center
Halfway Houses	Nursing Care Facility	Youth Center
Health Insurance Company	Pharmaceutical Sales Industry	

Government Departments

Air Force Medical Services - AFMS	Occupational Safety and Health Administration (OSHA)
Army Medical Department	Office of Personnel Management Employee Health Programs
Consumer Product Safety Commission	Office of Public Health and Science
Department of Agriculture	Office of the Assistant Secretary of Defense (Health Affairs)
Department of Labor	Office of the Surgeon General
Department of Social Services	Social Security Administration (SSA)
Department of Veterans Affairs (VA)	State and Territorial Health Departments
Environmental Protection Agency	U.S. Department of Health and Human Services (HHS)

Professional Organizations

Aerobics and Fitness Association of America	www.afa.com
American College of Preventive Medicine	http://www.acpm.org/
American College Health Association	http://www.acha.org/index.cfm
American Council on Exercise	http://www.acefitness.org/
American Health Information Management Association	www.ahima.org
American Medical Women's Association	http://www.amwa-doc.org/
American Public Health Association (APHA)	http://apha.org/
American Red Cross	http://www.redcross.org/
American Social Health Association	http://www.ashastd.org/index.cfm

Association of Reproductive Health Professionals <http://www.arhp.org/>
Association of Schools of Public Health <http://www.asph.org/>
Council on Education for Public Health <http://www.ceph.org/>
National Athletic Trainers' Association <http://www.nata.org/>
National Environmental Health Association <http://www.neha.org/>
National Strength and Conditioning Association <http://www.nscs-lift.org/>
National Mental Health Association <http://www.nmha.org/>
Society for Public Health Education <http://www.sophe.org/>

Internet Resources

American Public Health Association Career Site <http://www.apha.org/career/>
Center for Disease Control and Prevention <http://www.cdc.gov/>
Chronicle Careers <http://chronicle.com/jobs/>

Health and Nursing Programs <http://www.unca.edu/career/CFNHealthnursing.pdf>
Health and Wellness Jobs <http://healthandwellnessjobs.com/>
Health Career Web <http://www.healthcareerweb.com/>
Healthcare Jobs <http://www.healthcarejobstore.com/>
Idealist.Org <http://www.idealists.org/>
Margaret Riley Online Career Guide <http://www.rileyguide.com/mfdikel.html>
Richard Bolles: What Color is your Parachute? – Job Hunters Bible <http://www.jobhuntersbible.com/>

UNC Asheville Career Center Resources for Health Promotion Majors

Career Exploration:

100 Best Careers for the 21st Century
120 Careers in the Health Care Field
50 Best Jobs for your Personality
A Guide in Community Development
Career Opportunities in Health Care
Careers For Good Samaritans and other Humanitarian Types
Careers For Nature Lovers and Other Outdoor Types
Careers For Sports Nuts and Other Athletic Types
College Majors and Careers
Directory of Medical School Worldwide
Good Works, A Guide to Careers in Social Change
Job Opportunities for Health and Science Majors
Jobs and Careers with Non-Profit Organizations
Liberal Arts Jobs
Mental Health and Social Work Career Directory
North Carolina Health Careers
Planning Your Career in Alternative Medicine
Public Health, Pfizer Guide to Careers in Public Health
The College Career Bible
The College Majors Handbook
The Guide to Careers in Sports
The JobBank Guide to Healthcare Companies
Therapists and Allied Health Professionals, Career Directory
Vault Guide to the top Pharmaceuticals and Biotech Employers
What Color is Your Parachute?

Job Search Resources:

Find a Federal Job Fast
Finding your Perfect Work
Job Search Handbook for People with Disabilities
Job Searching Online For Dummies
Professional's Job Finder
Targeting the Job you Want
Ten Steps to a Federal Job
The Book of U.S. Government Jobs
The Top 10 Fears of Job Seekers
Vault Guides: Schmoozing and Resume, Cover Letters, & Interviewing, and Starting your Own Business
Who's Hiring Who?

Internship Opportunities:

Americas Top 100 Internships
Directory of International Internships
Internship Handbook
Internship Success
Internships with America's Top Companies
Internships: Find the Right Internship for You
Internships With America's Social and Community Service Agencies 2004
The Best 109 Internships
The National Directory of Internships
Internships with Community and Social Service Agencies